



AFAIJ

Asociación para la Formación y
Actividades Interculturales para la Juventud



**EUROPEAN
SOLIDARITY
CORPS**

TITLE	Walking Together
NUMBER OF VOLUNTEERS	2
EVS DURATION	6 months
PLACE	Montecarmelo, Madrid
COORDINATING ORGANISATION	AFAIJ
HOSTING ORGANISATION	A LA PAR
STARTING FROM	15-11-2020
DEADLINE	15-05-2020

A LA PAR- Project Environment

A LA PAR is a charitable, non-profit association founded in 1948, with the vision of **helping people with learning disabilities to achieve independence** and integrating them into society.



A LA PAR was originally a refuge for healthy, disease-free children of Leprosy sufferers to grow up and be educated, away from the disease. It has since become a place for sufferers of all kinds of intellectual disability to learn new skills and gain independence so that they can participate to the fullest in society. This involves a shared flat ('sheltered housing') in which people with disabilities learn all the necessary skills for independent life, and an occupational centre in which young people with learning disabilities are trained for the world of work, both located in the same place.

Place: Montecarmelo (Madrid)

Location	Montecarmelo	
Distance from the centre of Madrid	11 km	
Characteristics	Urban tourism Near the university In the district of Fuencarral-El Pardo	
Communication with Madrid centre	By train: 30-40 minutes	



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Volunteer Tasks

Volunteers are there to help and support the staff. They will never substitute them. The volunteers will have a mentor who will guide them specifically in the tasks they carry out.

Volunteers will help out at the occupational therapy centre during the day and will stay overnight in the shared flats with the disabled occupants. The schedule time will be principally during the afternoons, with mornings generally free, although it will depend on the current necessities.



Volunteers will participate in some of the various workshops held at the occupational centre during the day, and will supervise lunch and afternoon activities. These workshops include working at a Post Office, cleaning, gardening and the Huerta de Montecarmelo, carpentry and furniture making, decorative painting, floristry, basic mechanics, car washing, printing, confectionary making and accessory making/fashion. In the flat, volunteers will accompany and help disabled occupants at dinner and during leisure hours.



It is important to understand that you live in co-habitation. That means you spend your day with the workers and volunteers and also with the disabled people.

Mornings are generally free. Be aware that living at the residence might cause a feeling of being overworked, as you may always be helping people. The volunteer has to be able to keep some leisure time and to care of his/her wellbeing.

Example of daily schedule at A LA PAR:

12:00-14:40 Helping at the workshops at the occupational centre.

14:40-15:40 Lunch and a break.

17:30-22:00 Accompanying occupants in the shared flat at dinner, during leisure activities and anything else they might need help with.

It would be convenient if the volunteers are/have:

- A basic level of Spanish
- A willingness to learn about the experience of people with learning disabilities and who have the additional motivation to learn and self-improve.
- A self-belief in their capabilities as well as an engagement with the activities they take part in and a desire to work as part of a team.
- Capable of actively listening and showing empathy- people that like to listen and are capable of seeing things from the perspective of the users to whom they are talking.
- Tolerant and flexible.
- No specific or professional training is required.